



Making your year abroad a child's play



Are you dreaming of living abroad for a longer period of time? You are eager to discover a new country and culture and wish to find a second home away from home? With us you have the chance to make these dreams come true!

As an au pair you will live with your host family and take care of the children in everyday life. In your free time, you can travel as you like and get to know your host country better.

Do you like working with children and got bitten by the travel bug? Then let's go on the adventure of a lifetime!





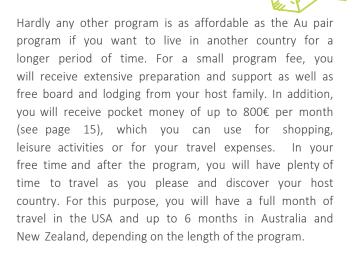






WHY BECOME AN AU PAIR?

LIVE ABROAD AT LITTLE COST



REGULATED CONDITIONS

The au pair program is subject to strict regulations in all host countries, which are bound to the visa by the respective governments. There are rules and regulations for both the au pairs and the host families, which serve not only to guide, but also to provide security for everyone involved.

A SECOND HOME

As an au pair, you are not only a special caregiver for your guest children, but also a permanent member of the family. Together with your host parents you will share many beautiful and special moments. Maybe you will be there when your youngest guest child takes his or her first step, or play the tooth fairy when your "big one" has lost a tooth! Your social contacts will not be neglected abroad either. You will make friends with other au pairs or with "locals" you meet in your free time or through your host family. Many au pairs make friends during their adventure abroad that last a lifetime!

More info online: myaupaircare.co.uk





A PLUS FOR YOUR RESUME

Stays abroad have become an integral part of the curriculum vitae. They increase your future job chances and prove that you are able to deal with challenging situations.

As an au pair you will experience many exciting moments and learn to master tasks that will help you grow.

You will gain important experience that will be useful for your future. After your stay abroad, you will be able to look back on your time as an au pair with much more confidence and pride!

Your advantages:

- full board during the program
- private room
- fixed pocket money
- fixed number of paid vacation days
- assistance with the visa application
- contractual regulation of responsibility & working hours























LIFE AS AN AU PAIR

Together with your host parents you will take care of the children in the family. Your exact tasks depend on the age of your host children and the job situation of the parents. As an au pair, your organizational talent and multitasking skills are especially in demand: You are a caregiver, cook, play partner, comforter, chaos manager and chauffeur all in one!

In the life of an au pair, no two days are alike. To give you a small impression of what everyday life can look like, our former participant Daria will show you a typical day in her life as an au pair. She lived in Boston for one year and looked after two boys (5 and 2 years) and a little girl (2 months).

7:40

Time to get up! My day usually starts between 7 and 8 o'clock.

8:00

Breakfast Time. Before I drive my boys to school, I make breakfast for all of them. Of course, the lunch boxes need to be prepared.

8:00 - 9:00

Off to the car and to school. One after the other I take the boys to their school buses. When everyone has been dropped off safely, I drive with the little one back to my second home.

9:00 - 12:00

After the first bottle and diaper change, I put my little one to bed. The first nap of the day is on the program. While she sleeps, I take care of smaller **"household tasks"** like washing clothes and cleaning the dishes.

12:00

Time to get the youngest one **out of school.** At home I prepare a small snack for him. For the baby it is now "naptime" again.

12:30 - 17:00

Free time for the three of us. Play dates with other au pairs near me, visits to the library or just playing at home or in the garden. There is always something to do and I am completely free with the planning.

17:00

My big boy finally finishes school and has to be picked up. Most of the time we also pick up his dad from the station.



17:50

When everyone is back home, I finally finish working for the day! I either stay at home and relax or meet up with friends in the city.

In general, **my free time** here is not too short. Weekend trips, shopping tours, au pair meetings in a café or cinema with friends. The **weekends and vacations** that I have free give me a lot of time for myself, which I can arrange very flexibly.





So far you only know the USA from movies and tv? Then it is time to find out what it is really like there! As an au pair in the USA, you have the unique opportunity to experience the "American way of life" first-hand. In your American home, you can get to know the country and its people much better than if traveling as a tourist. Together with your host family you will experience many highlights: You will probably eat the traditional turkey on Thanksgiving, dress up with your host children for Halloween and celebrate American Independence Day. There is no better way of getting to know a country!

REQUIREMENTS

- ✓ Age: 18 26 years
- ✓ Unmarried and childless
- Healthy and non-smoking at the start of the application
- ✓ EU citizen
- ✓ Minimum stay of 12 months

QUALIFICATIONS

- Minimum of 200 hours of experience in the care of unrelated children through two different references that are as up to date as possible (e.g. babysitting, kindergarten internships, child group or camp care)
- ✓ Valid driver's license
- Qualified school certificate after at least 10 years of school

HIGHLIGHTS

- → Earn more with AuPairCare: our weekly minimum stipend is 215 US\$ (see page 15)
- + 500 US\$ for college courses
- → Intensive preparation in our very own AuPairCare Virtual Academy
- + Online application
- Flexible choice of departure airport for the return flight

BENEFITS USA

Most affordable destination

Since a large part of the program costs are covered by the families in the USA, you will only have to cover minimal costs for support and placement. There are no additional fees for airfare or insurance.

On-site support

Only in the USA will you have a personal contact person (Area Director) who will meet you once a month with other au pairs in the region and who will help you with any questions you may have.

No worries & all-round protection For

the complete length of the program, you will receive an extensive insurance package including health and accident insurance as well as professional and personal liability insurance. For a small surcharge, you can extend this package for the duration of your optional travel month.



TOTAL PRICE

1.090 £

no additional cost for insurance & flights

(courtesy of your host family)
Comparison of facts and figures page 15.

PAY EVEN LESS...!

each 200 £ off *

Pro-Pair-Discount

Save $200 \pm if$ you fulfill the following conditions:

- Baby Plus: Prove a minimum of 200 hours of experience in caring for children under 2 years old and placement in a host family with at least one child under 2 years old
- Repeat Au pair:

You have successfully completed a stay as an au pair of at least 6 months

Professional training

At the time of application, you have completed a training or studies in the following areas: midwife / obstetrician, educator, child care, child education, social pedagogy . A proof will be required before the match

COMEBACK-DISCOUNT

You have already been abroad with Ayusa-Intrax? Save 200 £ of the program fee as a former participant.

^{*} Discounts cannot be combined



The au pair program in the USA is regulated by the U.S. Department of State. Fixed conditions such as a minimum amount of pocket money, clearly defined tasks and working hours offer au pairs additional security. The only way to become an au pair in the USA is always through a recognized exchange organization and cannot be organized by the au pairs themselves. AuPairCare has been an official and experienced visa sponsor for au pairs for over 30 years.

FREE CHOICE OF AIRPORT

You do not have to pay anything extraneither for your outbound flight to the USA, nor for the return flight to your home country upon successful completion of the program.

SPECIAL HIGHLIGHT:

Your return flight from the USA does not have to start directly from the airport near your host family. With us, you choose one of about 100 selected departure airports in the USA and can plan your travel month accordingly - at no additional cost.

EXTEND YOUR STAY

You don't want to leave the land of your dreams at the end of the year? As an au pair in the USA you have the option to extend your stay for another 6, 9 or 12 months for a small fee. Your travel month at the end of the program is not affected.

START WITH 17

You have the opportunity to complete your application and start the placement process at the age of 17. You don't have to wait until you are 18, but you can already find your host family at the age of 17. That way your adventure abroad can start right after your 18th birthday!

VISIT A REAL U.S. COLLEGE

The U.S. Department of State requires that au pairs study in the U.S. and take courses at a college or other educational institution. This is a great way for you to gain new skills, experience the college atmosphere and make new friends. You will receive up to US\$500 in tuition fees from your host family. Whether you want to study foreign languages, further education in arts or courses with a connection to the USA: You have the choice and can decide for yourself what you want to do!

ONLINE PORTAL: DO EVERYTHING FAST AND DIGITALLY

Your application is quick and easy! Thanks to our password-protected online portal "MyAuPairCare" you can complete all important steps from application to host family matching completely online. Here you can find your flight details, training videos for preparation, contact addresses, tips and information about your region in the USA, the international driver's license, taxes and visa. After successful completion of the program, you will also receive your certificate to download.

WE ARE ON SITE

With AuPairCare you always have a strong and reliable partner at your side. In the USA we do not work with a partner organization, but with our American colleagues from the main office in San Francisco. With our support network in many regions of the United States, we are personally there for you. From your application to your return, your complete adventure is always in good hand!



Before you fly to your host family in the USA, you will receive access to AuPairCare's Virtual Academy. We prepare you for your time in the USA and you will learn a lot about life as an au pair.

WELL TRAINED FOR ADVENTURE

Whoever looks after children takes on a really big responsibility. Together with experts, AuPairCare has developed a training program especially for prospective au pairs to make you feel safe and ready for the big adventure:

THE VIRTUAL ACADEMY

In exciting online seminars and live workshops you will learn about development-specific learning games and topics such as time management as an au pair, safety with children in everyday life, first aid, dealing with homesickness and the first encounter with the host family. You get access to the Academy directly after you have matched with your host family. That way you will have enough time to work through the individual modules of the Academy. The content is tailored to the age of your host children, that way only relevant information for you is covered in your Virtual Academy.

AU PAIR COMMUNITY

In addition to relevant information regarding childcare the AuPairCare Virtual Academy is also a place to meet other au pairs. Online events take place on a regular basis so that you can get in touch with other au pairs and talk about your experiences.

AUPAIRCARE USA

While in the USA you will be supported by our AuPairCare staff. Your Area Director will live a max. car drive of 1.5 hours away from you and your host family and organizes monthly meetings with other au pairs. This way you will also meet au pairs during your year, with whom you can arrange coffee- or play dates.

BECOME AN AU PAIR IN THE USA !!! non-binding registration under: myaupaircare.co.uk/apply





Breathtaking nature, friendly people, unique wildlife: Australia continues to exert an unbroken attraction on thousands of young people. As an au pair you will get to know the Australian life beyond the tourist paths. You will experience first-hand what it means to be a real "Aussie" and have the opportunity to spend up to 12 wonderful months down under. You will work as an au pair for at least 6 months and the rest of the time you can do whatever you want.

REQUIREMENTS

- ✓ Age: 18 30 years
- ✓ Unmarried and childless
- ✓ Healthy and non-smoking
- ✓ First receipt of the Australian Working Holiday Maker Visa
- Citizenship approved for the visa
- ✓ Proof of 5.000 AUS\$ (approx. 2.800 £) upon entry

QUALIFICATIONS

- ✓ At least 200 hours of experience in the care of unrelated children through two different, preferably up-to-date references (e.g. babysitting)
- Car driving license
- Driving experience

BEACH 12 KM 🗘

Questions? - Call us! +44 203 695 63 62

BENEFITS AUSTRALIA

Bonus at the end of the program

In addition to the weekly pocket money, you will receive a small contribution to your travel budget after successful completion. Depending on the length of your stay as an au pair, you will receive:

- from 6 months: 250 AUS\$ bonus
- from 9 months: 375 AUS\$ bonus
- for 12 months: 500 AUS\$ bonus

Decide for yourself how long you stay

The Working Holiday Visa allows you to stay in Australia for up to 12 months. The time span in which you work as an au pair can be between 6 and 12 months. Whether you work as an au pair for a whole year or travel for up to 6 months and discover Down Under is entirely up to you!

Your all-round protection Down Under

With us you are well protected, because we provide a complete insurance package for you. During the first 6 months you don't have to worry about anything, because the package is already included in the program fee.

If you decide to stay longer, you can extend your insurance for about 60 € per month (95 AUS\$).

myaupaircare.co.uk/australia

PROGRAM FEE

840£

plus flight cost (approx. 1.500 £)
Comparison of facts and figures page 15.

PAY EVEN LESS...!

each - 200 £*

Pro-Pair Discount

Save 200 £ if you have a background e.g. as a midwife, educator, or a completed training / study in child care, education or social pedagogy (proof required before match).

Comeback-Discount

Once abroad, again abroad? As a former participant in an Ayusa Intrax program, we will waive 200 ± 00 f the program fee

* Discounts cannot be combined





You are fascinated with German culture, historic places and medieval towns? You love taking care of children and would like to live abroad in a German host family? AuPairCare has a lot of experience and a long history advising and placing international au pairs in Germany. From the start of your application until the end of your program: We are a strong and reliable partner at your side - 24/7! As an au pair with AuPairCare in Germany, you will have the chance to attend German classes on a regular basis (sponsered by your host family) and receive the highest weekly salary earned with a German au pair agency.

REQUIREMENTS

- ✓ Age: 18 30 years
- ✓ Unmarried and childless
- ✓ Healthy and non-smoking
- ✓ Flexible and responsible
- ✓ High school diploma (or equivalent)
- British citizenship or unlimited residence permit

QUALIFICATIONS

- ✓ At least 200 hours of experience in the care of unrelated children through two different, preferably up-to-date references (e.g. babysitting)
- ✓ Valid driver's license
- ✓ Driving experience

HIGHLIGHTS

- + Flexible program length between 6-12 months
- + Monthly pass for local public transport
- → Monthly allowance of 90€ for a German language course
- + Monthly stipend of 260€

BENEFITS GERMANY

Our au pair programme in Germany offers many great advantages at a low cost. It includes an all-comprehensive insurance package, full room and board, a weekly stipend as well as other benefits. Learn more about the costs and advantages of our program.

YOUR PLACEMENT IN GERMANY

Just like Germany itself, our host families are very diverse and can have different family set ups. The majority consists of families with two parents and two to four children aged between 1 and 10.

We try our best to take your regional preferences into consideration; however, we ask you to be open-minded about the location. We know from experience that it is most important to match with a family based on compatibility rather than placement preferences.

PLACEMENT FEE

99£*

* Minimum stay of 6 months Comparison of facts and figures page 15.

Even if you don't spend your year in Germany in your desired region, you will have plenty of time and opportunity to travel the country in your spare time and explore other parts of Germany.

Currently, our host families live in and around the following cities: Berlin, Duesseldorf, Frankfurt, Hamburg, Hanover, Karlsruhe, Munich, Nuremberg and Stuttgart.

myaupaircare.co.uk/germany



STEP BY STEP AU PAIR GUIDE



CAN'T WAIT TO BE AN AU PAIR?

The application process is easy: Start right away by filling out our non-binding au pair application:

myaupaircare.co.uk/apply



APPLICATION & INTERVIEW

Complete your application and arrange an individual interview with your AuPairCare representative.



YOUR HOST FAMILY

Get to know your potential host family via skype, facetime or phone. Only when you are sure about your host family, there will be a match. You will not simply be assigned to a family, you are an important part of this process.



START YOUR ADVENTURE

After you have found your host family and you have decided together on the date of departure, it is time to apply for the visa and pack your bags. Your adventure begins!

FACTS AND FIGURES



FACTS	USA	AUSTRALIA	GERMANY
Program start	full year	full year	full year
Minimum length	12 months	6 months	6 months
Maximum length	12 – 24 months + optional travel month	6 – 12 months (up to 6 month for travel)	12 months
Working hours / week	45 h	25 – 35 h	30 h
Extension	6, 9 oder 12 Monate	individually, up to 6 months	-
Age	18 – 26	18 – 30	18 – 30
Citizenship	GB/EU*	GB/EU**	GB/EU**
BENEFITS			
Weekly stipend	min. 215 US\$*** (approx. 700 £ per month)	180 – 300 AUS\$ (approx. 400 – 680 £ per month)	65 € (260 € per month)
Bonus	-	250 – 500 AUS\$	-
Paid vacation	10 days	5 – 10 days (depending on length of stay)	4 weeks (for a 12 month commitment)
Board and accomodation incl.	✓	V	✓
Return flights incl.	✓	-	✓
In-country preparation course after arrival	(∨) ****	-	-
Preparation and support	✓	✓	✓
Insurance package	✓	✓	✓
Educational stipend	up to 500 US\$	-	90€
FEES & DISCOUNTS			
Program fee	1.090 £	£ 840 £	99 £
Pro-Pair-Discount****	-200 £	-200 £	_
Comeback-Discount****	-200 £	-200 £	_
Flight fees	-	ca. 1.500 £	_
Visa application fees	currently 160 US\$	currently 440 AUS\$	Please check with embassy
Police report	ca. 15 £	ca. 15 £	ca. 15 £
Health certificate	Costs vary.	Costs vary.	Costs vary.
International driver`s license	ca. 15 £	ca. 15 £	ca. 15 £
Passport fees	from 38 £	from 38 £	from 38 £
Taxes abroad	depending on program length	depending on program length	depending on program length
Luggage fees	varies from airline to airline	varies from airline to airline	varies from airline to airline
"Working With Children"-Check	-	currently 80 – 105 AUS\$	
Insurance after end of program	per month ca. 85 US\$	per month ca. 95 AUS\$	✓



or a permanent residence permit or other EU citizenship resident in Germany, Austria or Switzerland additional nationalities upon request

Beginning January 3, 2023, AuPairCare will introduce a new minimum weekly stipend of \$215 per week which is higher than the U.S.
Department of State minimum. This change will affect AuPairCare January 3, 2023. Host families and au pairs are free to agree to a weekly stipend even higher than the \$215 per week minimum.

AuPairCare continues to adhere to all U.S. Department of State regulations.

Some families prefer that their Aupair flies directly to theirhome without a stop at the New York Academy. In this case, you will attend a virtual Au Pair Academy.

^{*****} Discounts cannot be combined



























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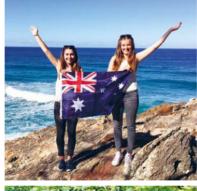
























OUR HOST FAMILIES

Our host families choose to welcome an au pair for various reasons. Many families in which both parents are employed wish to have flexible and trustworthy care for their children. Au pairs are much more than babysitters: they are part of the family and build a very special relationship of trust with the host parents and the children. Most of our host families especially appreciate the cultural exchange that the au pair program offers. They see it as a special opportunity to get to know a young person from another country and to "bring" access to a different culture into their home for themselves and their children.

What do the host families look like?

Our host families are as colorful and diverse as the populations of Australia or the USA. Therefore, a family does not necessarily always mean "mother-father-child", but can have the most diverse set ups.

However, a large proportion of these are host families with two parents and two to four children who are between three months and ten years old. We have many families in our program who regularly and enthusiastically host au pairs. But also "newcomers" decide to welcome a young person into the family as a caregiver for their children.

Where are the most au pairs placed?

We place au pairs in families of different ethnic origins and religious affiliations. Most au pair families live in single-family homes in the suburbs of larger cities.

In the USA, the majority of our au pairs live in beautiful California. In Australia, most families live in the greater Sydney or Melbourne area but rural placements are also possible.

How is my family selected?

After the successful interview, we will send your application to the AuPairCare office in San Francisco or to our respective partner organizations.

Each host family is carefully selected and checked. Just as you apply as an au pair and have to meet the requirements, the families have to apply and qualify for the program in return.

What happens after the matching?

As soon as a host family wants to meet you, you will receive an email with their profile and you can contact each other. Once you have decided on each other, you and your host family decide on your arrival date. You can leave the country during the whole year.

Can I change my family if necessary?

Yes, in consultation with our local colleagues, this possibility exists. If you notice that the chemistry is not right and you just can't go on together, you have the possibility to talk to host families again and inspire them with your enthusiasm. In most cases, the change of host family is successful. However, there is no guarantee that you will find a new family. In principle, a change should therefore be considered as a last option and only after a detailed discussion with your host family and your local counselor.

Contact our au pairs!

Our au pairs are experts on the topic of host families. They are right in the middle of the action and report live on Instagram. Stop by and ask them your questions

@myaupaircare





WHY AUPAIRCARE?











COMPETENCE: WE KNOW WHAT WE ARE TALKING ABOUT

Our American parent organization Intrax has been involved in international cultural exchange for over 35 years with programs such as Au pair, student exchange, work & travel, college stays or internships abroad. We at AuPairCare have over 30 years of experience in the realization of stays abroad. Almost all members of our team have been abroad as an au pair themselves and know exactly what is important for preparation and support.

SERVICE: INTENSIVE CONSULTING & SUPPORT

With us you are not just a number! The personal contact to our participants is very important to us. We prepare you in detail for your stay abroad. From the beginning to the end, we are your contact person and support you quickly and reliably even in difficult situations. Via our 24-hour emergency number, we are always there for you before and during your stay in case of emergency. In the USA we work closely with our colleagues from the AuPairCare office in San Francisco. The preparation, placement and support of your stay as an au pair is therefore in one hand from beginning to end. In Australia we work together with partner organizations that have successfully placed numerous au pairs over many years.

SUCCESS: BENEFIT FROM OUR HIGH PLACEMENT RATE

Whether a placement as an au pair is successful depends on several factors. Most important is your detailed application, which we will support and advise you with. We are proud of the fact that our experience and our commitment have enabled us to achieve a placement rate of over 90 percent.

PRICE: PAY LESS FOR THE SAME VALUE

If you want to go abroad as an au pair, you have come to the right place. Not only do we have many years of experience in organizing and carrying out au pair stays, we are also cheaper than other agencies that offer similar conditions. Since the conditions for au pair stays are the same or very similar at all agencies, you pay less money with us for the same service.

QUALITY: ONLY THE BEST FOR YOU

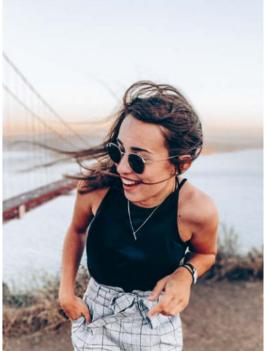
AuPairCare is an accredited member of the au pair umbrella organization IAPA. Our high standards and accreditation stand for our quality. However, we are open to criticism and suggestions in order to constantly improve ourselves and our programs.

Open questions? We are here for you!
Call us under +44 203 695 63 62

or send an email to:
info@aupaircare.eu











INFORMATION & ADVICE

AuPairCare Europe GmbH Giesebrechtstraße 10 10629 Berlin

Phone: +44 203 695 63 62

E-Mail: info@aupaircare.eu Web: www.myaupaircare.co.uk

Many thanks to our au pairs for their great photos and impressive testimonials, which we were allowed to use in this brochure.

Start your adventure abroad today! ... more info under

myaupaircare.co.uk/apply



AuPairCare is part of Intrax, a globally-oriented company that provides a lifetime of high quality educational and work programs that connect people and cultures, with operations in more than 100 countries worldwide. For more information, visit: www.intraxinc.com.